

School of Computer Science & Engineering Trustworthy Systems Group

Running your own Mail Server

Peter Chubb

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peter.chubb@unsw.edu.au

O TIST



















What's in it for them?



If you're not paying for a product You **are** the product

Control



Who chooses which email you see?

Control



Who chooses which email you see? Who chooses what emails you can send?

Hotmail example







Protonmail example







- Run own email server
 - Make own mistakes



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 - Make own mistakes
 - Freedom of choice: domain name; email addresses.
 - Privacy guaranteed



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 - Freedom of choice: domain name; email addresses.
 - Privacy guaranteed with some caveats
 - Get good logging to detect and fix issues



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 - Make own mistakes
 - Freedom of choice: domain name; email addresses.
 - Privacy guaranteed with some caveats
 - Get good logging to detect and fix issues
 - At-home storage is cheap



Legitimate email generated from our domain(s) to be delivered.



- Legitimate email generated from our domain(s) to be delivered.
- Legitimate email to our domain(s) to be delivered to us



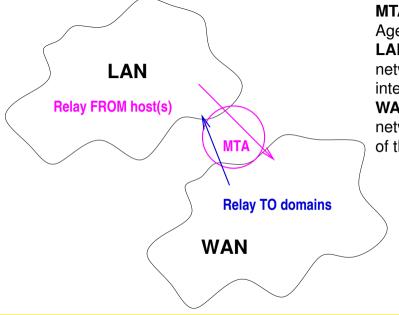
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- Incoming spam to be detected and dealt with as early as possible



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- Very difficult for spammers to send email via our systems
- Very difficult for spammers to pretend to be our domain(s)



MTA: Mail Transfer Agent(s)

TIS

LAN: Local area network: your internal addresses

WAN: Wide area network: the rest of the internet

What you need



- on a server that has a DNS A record pointing to it:
- and that has port 25 open to the world
- And a suitable MTA on that server:

sudo apt install exim4

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sudo dpkg-reconfigure exim4-config
```

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- and that has port 25 open to the world
- And a suitable MTA on that server:

```
sudo apt install exim4
sudo dpkg-reconfigure exim4-config
sudo service exim4 restart
```



- Sending and receiving email
 - $\circ\,$ using tools like mutt or mailx



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- Some spam protection



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- Some spam protection can be beefed up



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- Attacks from wannabe spammers



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30 years ago this worked



spammers





DNS blacklist: Known spammers



- DNS blacklist: Known spammers
- DNS blacklist: Open Relays



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- DNS blacklist: Open Relays
- DNS blacklist: dynamic IP blocks



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- ISPs block outgoing port 25



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- DNS blacklist: dynamic IP blocks
- ISPs block outgoing port 25

Upshot: Much harder to run own MTA

SMTP protocol



On port 25:

220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5



On port 25:

220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5 HELO example.org



```
220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5 HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
```



```
220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5 HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
MAIL FROM: <user@example.org> ← Envelope FROM address
```



```
220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5
HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
MAIL FROM: <user@example.org> ← Envelope FROM address
250 OK
```



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220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5
HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
MAIL FROM: <user@example.org> ← Envelope FROM address
250 OK
RCPT TO: <anotheruser@example.com> ← Envelope TO address
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220 mx.example.com ESMTP Exim 4.96 Thu, 14 Mar 2024 15:41:5
HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
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250 Accepted
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DATA
```



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HELO example.org
250 mx.example.com Hello example.org [93.184.216.34]
MAIL FROM: <user@example.org> ← Envelope FROM address
250 OK
RCPT TO: <anotheruser@example.com> ← Envelope TO address
250 Accepted
DATA
354 Enter message, ending with "." on a line by itself
```



Subject: Get your lovely spam nice and fresh

Date: Thu, 14 Mar 2024 15:02:42 +1100

From: Someone <you@aaa.bbb>

To: Important Person <you@aaa.bbb>

Message-ID: <string-of-characters@aaa.bbb>

Message body here

•



Subject: Get your lovely spam nice and fresh

Date: Thu, 14 Mar 2024 15:02:42 +1100

From: Someone <you@aaa.bbb>

To: Important Person <you@aaa.bbb>

Message-ID: <string-of-characters@aaa.bbb>

Message body here

•

250 OK id=1rkd6Q-00DHzg-2N



Origin	Envelope To	Envelope from	Action	rule
LAN	Anywhere	Our domain	Accept	relay_from_hosts



Origin	Envelope To	Envelope from	Action	rule
LAN	Anywhere	Our domain	Accept	relay_from_hosts
WAN	Our	Anywhere except	Accept	relay_to_domains
	domain	our Domain		local_domains



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WAN	Anywhere	Our domain	????	



Origin	Envelope To	Envelope from	Action	rule
LAN	Anywhere	Our domain	Accept	relay_from_hosts
WAN	Our	Anywhere except	Accept	relay_to_domains
	domain	our Domain		local_domains
WAN	Anywhere	Our domain	If	allow-authenticated
			Authenticated	

Reject all others.



220 mx.example.com ESMTP Exim 4.97 Tue, 02 Apr 2024 13:49:3



220 mx.example.com ESMTP Exim 4.97 Tue, 02 Apr 2024 13:49:3



220 mx.example.com ESMTP Exim 4.97 Tue, 02 Apr 2024 13:49:3 ehlo example.org



220 mx.example.com ESMTP Exim 4.97 Tue, 02 Apr 2024 13:49:3 ehlo example.org

250-mx.example.com Hello example.org [93.184.216.34]

250-SIZE 52428800

250-8BITMIME

250-PIPELINING

250-PIPECONNECT

250-CHUNKING

250-STARTTLS

250-PRDR

250 HELP



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. . .



. . .

EHLO gram



. . .

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exim4 log extract



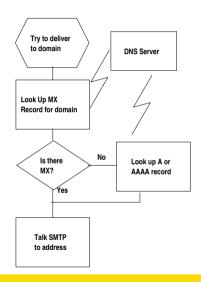
```
2024-03-29 00:00:28 plain saslauthd server authenticator fa
(dynamic-ip-adsl.viettel.vn) [27.72.47.150]:
535 Incorrect authentication data (set id=user@example.com)
2024-03-29 00:00:52 plain saslauthd server authenticator fa
(226-144-19-223-on-nets.com) [223.19.144.226]:
535 Incorrect authentication data (set id=user)
2024-03-29 00:41:44 plain saslauthd server authenticator fa
62.67.50.210.sta.wbroadband.net.au [210.50.67.62]:
535 Incorrect authentication data (set id=user@example.com)
2024-03-29 00:42:23 plain saslauthd server authenticator fa
(host-80-241-253-238.customer.magticom.ge) [2.57.219.2]:
535 Incorrect authentication data (set id=user)
```

exim4 log extract



```
2024-03-29 00:00:28 plain saslauthd server authenticator fa
(dvnamic-ip-adsl.viettel.vn) [27.72.47.150]:
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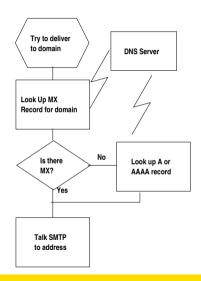


To work out who to deliver general email to

1. Look for an MX record

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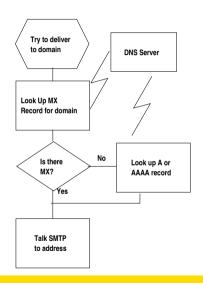




To work out who to deliver general email to

- 1. Look for an MX record
- 2. if there is no MX, attempt AAAA or A

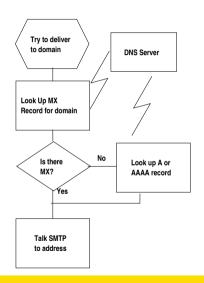




To work out who to deliver general email to

- 1. Look for an MX record
- 2. if there is no MX, attempt AAAA or A
- Attempt to connect to lowest numbered MX



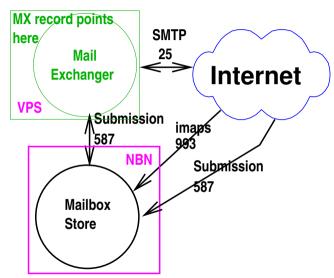


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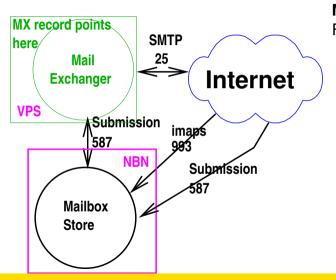
- 1. Look for an MX record
- 2. if there is no MX, attempt AAAA or A
- Attempt to connect to lowest numbered MX
- If that fails, use next lowest if any; otherwise back c1 off and try again later.

My setup



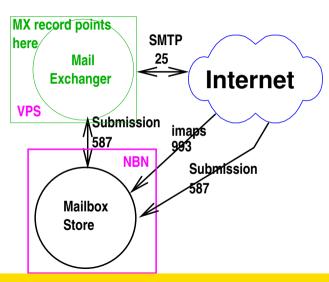






MX (Mail Exchanger) For sending email



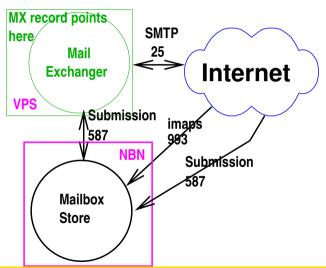


MX (Mail Exchanger)

For sending email

- server or VM that's up 24/7
- with ports 587 and 25 open
- and static IPv4 and IPv6 addresses
- and a firewall you control
- ≥ 2GB RAM for spamassassin

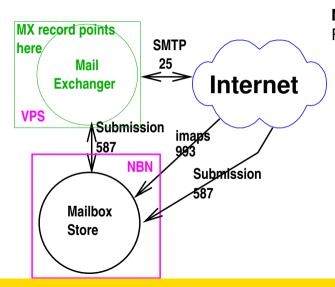




MX (Mail Exchanger)

For sending email Around \$100 per year





Mailbox Store

For reading email

- server or VM that's up 24/7
- With plenty of disc space
- with static (or mostly static) IP address
- Open ports 587 and 993
- ≥ 2 Gb RAM

MX setup/hardening



Start with distro config

MX setup/hardening



Start with distro config — I use Debian with exim4-daemon-heavy



- Start with distro config
- Install a spam scanner (e.g., spamassassin)



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- Install a spam scanner (e.g., spamassassin)
- Adjust firewall:
 - 1. Allow 25 for SMTP
 - 2. Allow **80** for *letsencrypt*
 - 3. Allow **587** for authenticated ESMTP connections, only from internal MTA I use IPv6 for this.



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 - 3. Allow **587** for authenticated ESMTP connections, only from internal MTA I use IPv6 for this.
- Get SSL cert from letsencrypt; add deployment hook to install for MTA.



 Disallow AUTH except from port 587. plain server: driver = plaintext server advertise condition = \${if and{ {eq{587}{\$received port}} {eq{\$tls cipher}{}} }{}{*}}



Send email for your domains to your internal MX.



Send email for your domains to your internal MX. Use authenticated delivery for this (on port 587). (On exim: use the hubbed_hosts mechanism)

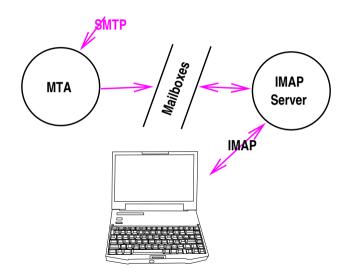
Mail storage setup/hardening



- Set up as smarthost system with local delivery.
- Make it relay for all your local networks (don't forget IPv6!)
- Smarthost is your external server
- Set to listen on ports 587 and 25
- Firewall allow 587 inwards and outwards.
- Use saslauthd to authenticate
- Use fail2ban to drop brute-force passwd attacks
- Run password cracker locally

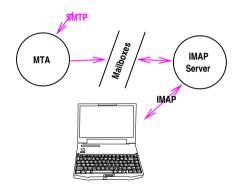
User Agent





User Agent

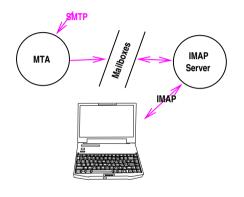




- Most MUAs talk IMAP protocol
- Need IMAP server. Most popular are:
 - dovecot very full featured
 - Courier-imap small footprint
 - $\circ \ \dots heaps \ of \ others$

User Agent





- Coordinate mail storage between MTA and IMAP servers
- Can be:
 - Traditional Mailbox single file
 - MailDir Directory with files per message
 - MailDB
- Can use IMAP server as local delivery agent (LDA)

Security



Need good passwords

Security



Need good passwords — run passwd cracker regularly

Security



- Need good passwords run passwd cracker regularly
- Use SSL: letsencrypt is good enough
 - allow port 80 (HTTP) for ACME challenge(or run webserver on same host)
 - Add deploy hook to give certs to exim4 and dovecot



Spammers can pretend to be from your domain!

- Add SPF (Sender Policy Framework) DNS TXT record "v=spf1 mx ~all"
- Check SPF for incoming email.

```
CHECK_RCPT_SPF=true in exim4 configuration.
```



Spammers can pretend to be from your domain!

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 CHECK_RCPT_SPF=true
 in exim4 configuration.
- This breaks email forwarding:



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- Check SPF for incoming email.

```
CHECK_RCPT_SPF=true
```

- in exim4 configuration.
- This breaks email forwarding: implement Sender Rewriting Scheme (SRS) to fix
- Checks Envelope From address, not header From address



- DKIM (Domain Key Identified Mail): sign outgoing emails.
 - Body
 - o Also From, To, CC, Subject
 - This checks From Headers.
 - Public key in DNS



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 - This checks From Headers.
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- Allows recipients to check email integrity.
- This can break mailing lists
- Unsigned emails can still be spoofed.



Tell recipients what to do if SPF or DKIM fail

```
_dmarc.example.com "v=DMARC1; p=drop"
```

- If SPF fails or DKIM fails, drop message.
- If message not DKIM signed, drop the message
- if Envelope From doesn't match From address, mark as spam.



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Can break mailing lists and email forwarders

Can ask for failure reports using rua= and ruf=.

Other policies (none, quarantine) also possible.

(See https://dmarc.org)



Broken implementations



Broken implementations

```
$ host -t txt _dmarc.gmail.com
_dmarc.gmail.com descriptive text "v=DMARC1; p=none;
    sp=quarantine; rua=mailto:mailauth-reports@google.com"
```

Even Google doesn't apply DMARC.



Broken implementations

```
$ host -t txt _dmarc.gmail.com
_dmarc.gmail.com descriptive text "v=DMARC1; p=none;
    sp=quarantine; rua=mailto:mailauth-reports@google.com"
```

Even Google doesn't apply DMARC.



Throw away addresses



Throw away addresses— delete when abused



- Throw away addresses— delete when abused
- Provide hostmaster/webmaster/abuse addresses for your domains



- Throw away addresses— delete when abused
- Provide hostmaster/webmaster/abuse addresses for your domains
- Share with family and friends



- Throw away addresses— delete when abused
- Provide hostmaster/webmaster/abuse addresses for your domains
- Share with family and friends Family interest email lists



- Throw away addresses— delete when abused
- Provide hostmaster/webmaster/abuse addresses for your domains
- Share with family and friends Family interest email lists
- Enjoy the freedom

Summary



- Spammers make our life harder
- It's still not that hard to run a mail server

Summary



- Spammers make our life harder
- It's still not that hard to run a mail server

Take Control Give it a go.

Resources



```
https://dmarc.org — DMARC explanation
https://www.dmarcly.com/blog/
how-to-set-up-sender-policy-framework-spf-the-complete-quick-

    Guide to SPF

https://mikepultz.com/2010/02/using-dkim-in-exim/ DKIM
in Fxim
https://easydmarc.com/blog/
how-to-configure-dkim-opendkim-with-postfix/ DKIM in
Postfix
https:
//www.andrewferrier.com/my-work/spamassassin tips/ Tips
for Spamassassin setup
https://dmarcly.com/tools/Tools for generating dmarc and SPF
TXT records and for checking yours.
```



```
https://mxtoolbox.com/SuperTool.aspx Tools for solving Email issues
https://exim.org/exim-html-current/doc/html/spec_html/
ch-dkim_spf_srs_and_dmarc.html Exim4 official docs
https://linux.goeszen.com/
configuring-exim4-with-spamassassin-and-sa-exim-on-debian-a
html Integrating Spamassassin into Debian Exim
```